

OTTER TRAIL GUIDE

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

TIDES AUG 2023

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0721	1748	0337	1607	0949	2206
2	0720	1749	0424	1651	1030	2251
3	0719	1749	0508	1734	1109	2334
4	0718	1750	0549	1815	1146	----
5	0717	1751	0628	1855	0016	1222
6	0717	1752	0706	1936	0058	1257
7	0716	1752	0744	2019	0140	1334
8	0715	1753	0826	2109	0224	1416
9	0714	1754	0922	2222	0319	1516
10	0713	1754	1133	----	0450	1800
11	0712	1755	0013	1327	0658	1933
12	0711	1756	0131	1419	0758	2022
13	0710	1756	0223	1457	0837	2057
14	0709	1757	0304	1530	0910	2127
15	0708	1758	0339	1559	0938	2155
16	0706	1758	0410	1627	1005	2222
17	0705	1759	0438	1654	1031	2249
18	0704	1800	0506	1720	1057	2316
19	0702	1800	0532	1746	1122	2344
20	0700	1801	0559	1813	1147	----
21	0658	1802	0626	1842	0013	1214
22	0657	1803	0655	1914	0044	1243
23	0656	1803	0730	1954	0119	1319
24	0655	1804	0816	2051	0204	1408
25	0653	1805	0932	2220	0308	1530
26	0652	1805	1211	----	0517	1814
27	0651	1806	0029	1335	0722	1937
28	0650	1807	0147	1426	0815	2028
29	0649	1808	0241	1511	0857	2113
30	0648	1808	0328	1553	0935	2154
31	0647	1809	0410	1633	1011	2234

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

